Marine debris – what you can do!

Everyone can help reduce marine debris, even if you live far away from the coast. Land and ocean are connected through waterways, and every action from changing consumption habits to cleaning up the environment to big scale projects can make a difference to one of the largest environmental issues.

Consume wisely

The less rubbish we produce the less might end up in the ocean. To reduce rubbish avoid

buying or using single-use items such as plastic bottles or bags, disposable plates and cutlery or products wrapped in plastic. Reuse plastic bags or bottles until they wear out and repair broken items instead of buying new ones. Simple alternatives help reduce our plastic consumption:

• Use a stainless steel flask instead of plastic bottles.

- Bring reusable shopping bags to the supermarket.
- Buy and store food in jars.
- Use real plates and cutlery for picnics.

Choose microbead free skin care products.

Australians use more than six billion plastic bags per year. Tied together they would stretch around the world 42 times!

Buy recycled and reusable office supplies such as durable backpacks and refillable pens.

- Compost to use fewer rubbish bags.
 - Bring a reusable lunch box.
- Decorated scrap paper makes good book covers.

Look after your environment

Any litter you or someone else throws on the ground can end up in our waterways. By keeping the land clean you help keep the ocean clean too. Credit: dreamstime.com, Angelika Volz



• At sea, secure all equipment and rubbish and bring everything back to shore.



just remove debris, they also provide valuable information about the amounts and types of rubbish found in different locations and help determining the sources of the debris.

Credit: Tangaroa Blue Foundation

Get involved

- Spread the word: Talk to friends about marine debris and post educational signs in your community or on social media.
- Organise or participate in a beach/river or lake clean up.



Credit: Tangaroa Blue Foundation

- Encourage your local school to run an education program about marine debris.
- **Join** organisations that tackle marine debris or donate to them.
- Support the introduction of a container deposit scheme, less packaging or the ban of plastic bags in your state. In the Northern Territory, over 35 million containers were returned in the first year of the container refund system.

Below: In some places, floating booms trap debris at river mouths before it can enter the ocean.

Credit: Instituto
EcoFaxina/
Marine
Photobank



